

## CLAIMS

What is claimed is:

1. A massager unit, comprising:
  - an elongate handle having a first end and a second end;
  - a first massage head disposed at the first end of the handle;
  - a first motor operatively coupled to the first massage head;
  - a second massage head disposed at the second end of the handle; and
  - a second motor operatively coupled to the second massage head.
2. The massager unit of claim 1, further comprising:
  - a first switch operable to control the first motor; and
  - a second switch operable to control the second motor.
3. The massager unit of claim 1, further comprising:
  - at least one first weight coupled to the first motor, wherein the first weight is offset from an axis of rotation of the first motor, thereby causing vibrations as the first weight rotates; and
  - at least one second weight coupled to the second motor, wherein the second weight is offset from an axis of rotation of the second motor, thereby causing vibrations as the second weight rotates.

4. The massager unit of claim 3, further comprising:  
a power supply contained within the elongate handle wherein the power supply is operatively coupled to the first motor and the second motor to provide electrical power to the first motor and the second motor.
5. The massager unit of claim 4, wherein the power supply is at least one battery.
6. The massager unit of claim 5 wherein the handle further comprises a cavity constructed and arranged to retain the at least one battery.
7. The massager unit of claim 1, further comprising a power supply, wherein the power supply is external to the massager unit.
8. The massager unit of claim 7, wherein the power supply means is at least one battery.
9. The massager unit of claim 7, wherein the power supply means is coupled to alternating current (AC) power.
10. The massager unit of claim 1, further comprising:  
a switch operable to independently control the first motor and the second motor.

11. The massager unit of claim 1, wherein an active massage area of the first massage end further comprises a substantially oval-shaped dome.

12. The massager unit of claim 1, wherein an active massage area of the first massage end further comprises a plurality of hemispheres.

13. The massager unit of claim 1, wherein an active massage area of the first massage end further comprises a plurality of conical shapes.

14. The massager unit of claim 1, wherein the handle has a substantially convex contour to fit a hand of a user.

15. The massager unit of claim 1, wherein the handle is substantially cylindrical.

16. The massager unit of claim 1, wherein the handle is substantially rectangular.

17. A massager unit, comprising:  
an elongate handle having a first end and a second end;  
a first massage head disposed at the first end of the handle, wherein the first massage head comprises,

an upper portion having a first massage head depression substantially parallel to the elongate dimension of the handle, whereby the first massage head depression accommodates one finger of a user placed therein, and

a lower portion comprising an active massage area; and

a second massage head disposed at the second end of the handle, wherein the second massage head comprises,

an upper portion having a first, second massage head depression substantially parallel to the elongate dimension of the handle and a second, second massage head depression substantially parallel to the first, second massage head depression, whereby the depressions accommodate two fingers of a user placed therein, and

a lower portion comprising an active massage area whereby the second massage head is wider than the first massage head.

18. A method of providing massage therapy to a selected body part of the user using a massager unit comprising a first massage head separated by an elongate handle from a second massage head, the method comprising the steps of:

pressing a first button, resulting in closing a first switch so that power is provided from a first power source to a first motor;

pressing a second button, resulting in closing a second switch so that power is provided from a second power source to a second motor;

applying one of the first massage head or the second massage head to a selected body part; and

guiding the one of the first massage head or the second massage head using the elongate handle and at least one depression, wherein the at least one depression is located on the massager unit and is shaped to fit a finger thereon.

19. A massager unit, comprising;
  - an elongate handle having a first end and a second end;
  - a first massage head disposed at the first end of the handle;
  - a first means for vibrating operatively coupled to the first massage head;
  - a second massage head disposed at the second end of the handle; and
  - a second means for vibrating operatively coupled to the second massage head.
  
20. The massager unit of claim 19, further comprising:
  - means for controlling the first means for vibrating; and
  - means for controlling the second means for vibrating.